



## DRINKS MENU

Tel: **082 322 2313 (tel orders)**  
**Curb Side Collection 076 401 4229 (whatsapp only)**  
 Email: [urbancafeorders@gmail.com](mailto:urbancafeorders@gmail.com)

We will endeavour to deliver within Strauss Daly Building subject to operational demands. No delivery between 11:45am and 2pm. Kitchen closes 3.30pm. Open 7am - 4pm weekdays. 1st Floor Strauss Daly Building 45 Richefond Circle Ridgeside. Right of Admission Reserved.

### ICED & HOT DRINKS

	Reg	Large	Grande		Large	Grande
CAPPUCCINO	35	38	40	CARAMEL LATTE	40	44
CAFÉ LATTE		38	40	HAZELNUT LATTE	40	44
AMERICANO	29	33	35	HOT CHOCOLATE	42	43
ESPRESSO	25	28		WHITE HOT CHOCOLATE	42	43
FLAT WHITE	37			RED CAPPUCCINO	39	
CAFÉ MOCHA		44	47	ICED LATTE - 2 shots, milk, ice	43	
CHAI LATTE		43	48	ICED AMERICANO - 2 shots, water, ice	39	
FIVE ROSES/ ROOIBOS	22			CAFE MOCHA SYMPHONY	45	47
Almond Milk Available as a Substitute Extra	11			white choc, espresso, steamed milk		



### SMOOTHIES & SHAKES

<b>BREAKFAST SHAKE</b> banana, almonds, milk, honey	53	<b>TROPICAL GINGER</b> mango, pineapple, ginger, apple juice, ice	55
<b>POWER SHAKE</b> banana, avo, milk, vanilla, honey	60	<b>GREEN SMOOTHIE</b> pineapple, mango, baby spinach, cucumber, ginger, apple juice, ice	56
<b>FRUIT SHAKE</b> strawberries, banana, milk, vanilla	53	<b>VITA C</b> orange, carrot, mango, apple juice, ice	53
<b>LEMON &amp; GINGER</b> fresh lemon, lemon syrup, ginger, pineapple, apple juice, mint, ice	57	<b>STRAWBERRY SENSATION</b> strawberry, banana, natural yogurt, apple juice, ice	52
<b>STRAWBERRY MANGO</b> strawberries, mango, apple juice, ice	54	<b>PEANUT BUTTER BLAST</b> peanut butter, banana, choc, milk, ice	54
<b>VERY BERRY</b> mixed berries, pineapple, natural yoghurt, apple juice, honey, ice	56	<b>PEANUT BUTTER BERRY</b> blueberries, peanut butter, banana, milk, ice	54
<b>MANGO MANIA</b> mango, pineapple, banana, apple juice, ice	53	<b>NUTTY BANANA</b> banana, almonds, peanut butter, milk, ice	53
<b>BLUEBERRY BLISS</b> blueberries, banana, apple juice, ice	53	<b>CHEERY CHERRY</b> cherries, banana, almonds, milk, honey, ice	55
<b>BERRY BLAST</b> mixed berries, banana, pineapple, apple juice, ice	52	<b>Substitute: Almond Milk</b>	11



### FREEZOS

<b>COFFEE FREEZO</b> the original coffee freezo, milk, ice	55	<b>MANGO FREEZO</b> mango chunks blended with the original white choc freezo, milk, ice	58
<b>CHAI FREEZO</b> chai freezo, milk, ice	55	<b>STRAWBERRY FREEZO</b> strawberries blended with the original white choc freezo, milk, ice	58
<b>CHOC FREEZO</b> choc freezo, milk, ice	55	<b>MOCHA FREEZO</b> coffee & choc freezo, milk, ice	55
		<b>CHOC PEANUT BUTTER FREEZO</b> peanut butter, choc freezo, milk, ice	59



### FRESH EXTRACTED JUICES

<b>SUNSHINE</b> orange, carrot, ginger	50	<b>URBAN BEET</b> beetroot, orange, carrot, ginger	50
<b>DAILY GREENS</b> apple, baby spinach, cucumber, celery	50	<b>JUST ORANGE</b> orange	50



Menu contains traces of nuts, gluten, dairy, eggs, seafood and sesame seeds



## BREAKFAST MENU

7 to 10.30am only

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### BREAKFAST (Options - Farmhouse White, Brown or Sourdough)

**SUNRISE OATS** 49  
 with fresh banana, sunflower seeds, almonds, cinamon, honey and milk



**BREAKFAST BOWL** 54  
 natural yoghurt, seasonal cut fruit and granola

**LITE BREAKFAST** 40  
 2 Eggs (Scrambled or Fried) with grilled tomato and toast

**ON THE GO BREAKFAST** 52  
 2 Eggs (Scrambled or Fried), bacon, grilled tomato and toast

**OMELETTE** 47  
 3 egg omelette served with cheddar cheese and a slice of toast.

**Add:**  
 Bacon 20  
 Mushrooms 16  
 Ham 12

**BREAKFAST WRAP** 46  
 scrambled eggs and roasted baby tomato

**ULTIMATE BREAKFAST WRAP** 68  
 scrambled eggs, roasted baby tomato, bacon, cheese

**PESTO MUSHROOM STACK** 72  
 sautéed mushrooms, rossa tom, pesto, feta, 2 poached eggs and toast

**SUNRISE WRAP** 74  
 scrambled eggs, salsa, cheddar cheese, baby spinach, sweet chilli sauce

**BREAKFAST PANINI** 63  
 scrambled egg, mozzarella, tomato

**ULTIMATE BREAKFAST PANINI** 77  
 scrambled egg, bacon, mozzarella, tomato

**FULL HOUSE BREAKFAST** 62  
 2 Eggs (Scrambled or Fried), bacon, grilled tomato, fries and toast  
**Add: Fried Banana** 8



### BREAKFAST TOASTS (Options - Farmhouse White, Brown or Sourdough)

**AVO SRIRACHA TOAST** 45  
 egg (fried or scrambled) on toast with avo and sriracha

**EGG TOASTIE** 42  
 2 egg toastie with your choice of bread

**EGG & CHEESE TOASTIE** 42  
 egg, cheddar cheese & sweet chilli toastie with your choice of bread

**EGG & BACON TOASTIE** 54  
 egg & bacon toastie with your choice of bread

**JUST TOAST**

	1 slice	2 slice
Strawberry Jam	21	26
Peanut Butter	20	25
Honey	21	26
Cream Cheese	30	35
Avo	28	33

**EGG, BACON & BANANA TOASTIE** 57  
 egg, bacon & banana toastie with your choice of bread



### MUFFINS

We bake our muffins fresh daily serving a different flavour each day from our bank of recipes including:

Bran	Pear & Muesli
Double Chocolate	Pecan Date
Blueberry	Apple & Cinamon
Lemon Poppy Seed	Carrot
Banana	Berry & White Choc

Menu contains traces of nuts, gluten, dairy, eggs, seafood and sesame seeds

